



## The Organ Ladies™

Dear Parent,

The Choice & Consequence™ (CC) organization is proud to be part of a unique health education program, “The Real Inside Story™”(TRIS). One of the “organ ladies” will be coming to \_\_\_\_\_ on \_\_\_\_\_. During the presentation your child will be taken on a fantastic voyage through the human body.

The goal of this presentation is to educate young people about the importance of making positive health choices. TRIS uses real human organs, some healthy and others damaged from substance abuse, interactive activities, humor, storytelling, scientific fact, and an unforgettable hands-on component designed to help youth contemplate their vulnerability, often a problem for young people! At the end of the presentation, participants will be allowed to put on non-latex, nitrile gloves and examine the organs for themselves if time allows. After initial preservation, all of the organs are stored in a mixture of isopropyl alcohol and water to ensure that they are safe for children to handle.

Our registered nurses, Kathy Ketchum, RN, and Colleen Williams, RN present this empowering education program to schools, colleges, community groups, corporations, and professional organizations throughout Washington State and beyond. They cover sensitive issues with tact, humor and grace and make it comfortable for students to learn. For example, at the high school level students may be informed about the importance of testicular self exam and where to find information, since this is the number one cancer occurring in young men age 14-30. TRIS presenters also discuss bullying and the importance of compassion. The presentation does not address sexual or gender identity issues. **After experiencing TRIS, many students want to share what they learned with family members and friends. We hope you will take the opportunity to talk with your child about important life choices.** On our web site under the ‘connections’ link you will find resources and tips for parents to help you have this sometimes difficult conversation. Click on the link to view the King 5 Evening Magazine segment about TRIS.

Since 1989, TRIS has been taught to over 325,000 young people, helping many to make positive choices and take personal responsibility for their quality of life. The overwhelming majority of children don’t use alcohol, tobacco and other drugs. It is not a rite of passage. Just because they can’t see the damage happening on their insides doesn’t mean it’s not happening! We look forward to providing this unique experience to your child, and you are most welcome to attend the presentation. Please notify your child’s teacher if you feel that this experience would be inappropriate for your child and you **do not** wish for him or her to attend. At times, photographs are taken of students during TRIS for marketing purposes. Please notify your teacher if you **do not** want their picture taken..CC is a nonprofit 501 (c)(3)charity registered in Washington State. CC is dependent upon grants, donations, and charging a fee for services, depending on funding levels, to deliver this important information to students. You may also call our office with any questions you have.

Sincerely,

*Deborah Parker*

Deborah Parker  
Board President / Choice & Consequence™



A tax-deductible donation can be made at <http://www.choiceandconsequence.org>.